



Andrea Updyke

FAMILY TRAVEL & EASY RECIPES

Just is a Four Letter Word
MSN | AP Newswire

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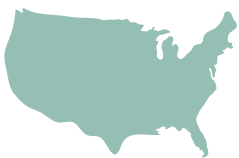
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[MUCK RACK PROFILE](#)

FOOD AND TRAVEL BRING PEOPLE TO LIFE, ESPECIALLY WHEN YOUR FAMILY COMES ALONG.

Andrea Updyke is a writer and storyteller whose work reaches an engaged community of 165,000+ food & travel lovers through her blog, social channels, the Associated Press newswire, and MSN. She believes the best stories happen when you look for them, and she has been telling those stories for more than a decade. Her editorial coverage spans destinations across the U.S., Caribbean, and Europe, earning placement alongside national and international news. Her content has been shared more than 1.5 million times by readers who are ready to explore more and make the most of their time.



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20% MEN



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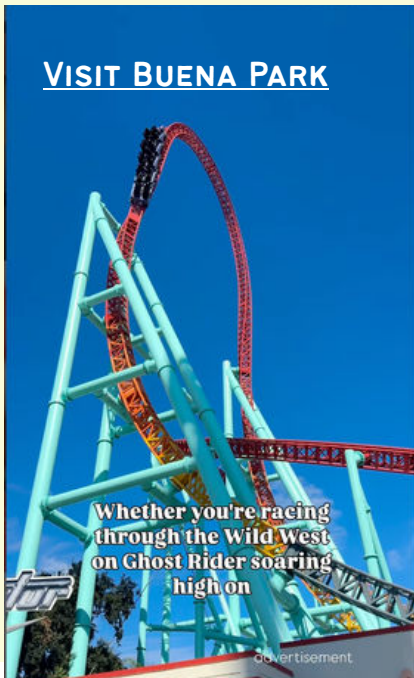


Your coverage is all SO WONDERFUL,
Andrea. I can't thank you enough!

HEATHER NOLL, CHALKBOARD COMMUNICATIONS

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EMAIL: ANDREA@JUSTISAFOURLETTERWORD.COM

Editorial

AP Newswire

Andrea's editorial coverage doesn't stop at her own platforms. Her stories have appeared in The Seattle Times, The Washington Times, and outlets across the AP newswire network, reaching travelers in their own backyards through the news sources they already trust, with an average of 110 outlet pickups per article in the past year.

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**The Seattle Times**

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Aug. 26, 2025 at 6:27 am



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The Associated Press

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By Andrea Updyke
Associated Press
Wednesday, December 17, 2025



PHOTOGRAPHY

Photography and video work is a natural extension of every trip Andrea takes. Her images and reels capture the moments that make people stop scrolling and start searching for flights and are available to license as a valuable and efficient add-on to any editorial or sponsored coverage.

